

BY ODYSSEY

TRAIN : Qinghai Tibet Railways

JOURNEY : Beijing to Lhasa

Journey Duration : Upto 7 Days

Day to Day Itinerary

Day 1 - Board the train to Lhasa from Beijing

The **train departs from Beijing West Railway Station**. Train Z21 from Beijing to Lhasa departs at 20:10. It takes about 1 hour to check in as the train takes about 1000 passengers. Please be sure to arrive in train station 1 hour and a half before the train departure. Your Tibet Permit will need to be checked when you check in.

Stay overnight on the Train.

Day 2 -Train to Lhasa

It is quite a long journey that will take about 43 hours, two days and two nights in the Train. On the first day you will pass through two important provincial capital cities in northwest China, Lanzhou and Xining.

Xining is known as the beginning of Qinghai-Tibet Railway. Travelling along the rail line, you could see the scenery of countryside and city in northwest China. The last stop for today is Xining, where you will arrive at about 16:00.

Stay overnight on the Train.

Day 3 Scenery View of Tibet Railway, arrive in Lhasa at about 16:00

Today, you will witness the most beautiful scenery of Qinghai-Tibet Railway. The land of snows, the desert, the grassland, Snow Mountains and the lakes will continually appear and strongly attract your heart.

You will **arrive in Lhasa at about 16:00**. You can continue at Lhasa on your own or take an extension of the trip with 3 nights Lhasa Package.

Station	Arrival	Departure	Stop Time	Days	Distance
West Beijing		20:00		Day 1	
Shijiazhuang	22:33	22:37	4 min	Day 1	291 km
Taiyuan	00:19	00:25	6 min	Day 2	516 km
Zhongwei	07:05	07:16	11 min	Day 2	1,263 km

Train Timetable:

Lanzhou	12:17	12:32	15 min	Day 2	1,569 km
Xining	15:01	15:21	20 min	Day 2	1,785 km
Delingha	19:23	19:25	2 min	Day 2	2,306 km
Golmud	22:10	22:35	25 min	Day 2	2,615km
Nagchu	08:41	08:48	7 min	Day 3	3,435 km
Lhasa	12:40			Day 3	3,757 km