

TRAIN : The Flam Railway

JOURNEY : Myrdal to Flam or Vice Versa

Journey Duration : Scenic Day Trips

Day to Day Itinerary

Surrounded by mountain up to 1400 metres high, the Flåm Railway starts its journey up to the mountains. The train leaves the blue fjord arm of the Aurlandsfjord and the mild and fertile coastal climate. The impressive Rjoandefossen cascades 140 metres in a sheer drop down the mountainside.

The Flåm Railway crosses the valley and river three times, but there are no bridges over the river. Instead of bridges, the river is led through the mountain in tunnels underneath the railway line.

At Berekvam station there is a twin-track section enabling trains to meet and pass each other.

At Blomheller, travellers become aware that there is another side to the Flåm Valley besides idyllic and beautiful scenery.

The modern mountain goat-farm at Kårdal is set up by the farmers of the Flåm Valley on the mountain pastures, it is a new and interesting feature. The 150 goats have been highly popular with photographers.

As the train exits Nåli, the Flåm Railway's longest tunnel (1320 metres), you will catch a glimpse of the most spectacular and interesting view on the railway's ascent to Myrdal - the railwaytrack on four different levels in the mountain side and a part of Myrdal station. At the same time, you will see the old road winding its way via 21 hairpin bends up the steep Myrdalsberget mountain.

The train stops at Kjosfossen. There is no other place on earth where rail travellers have the chance to see such an impressive waterfall as from the platform at Kjosfossen.

The train passes through a hairpin tunnel that turns 180°, an opening in the tunnel affording a panoramic view of the wild landscape.

The train passes Reinungvatnet, a truly beautiful mountain lake before you get your last magnificent view of the mountains and moorland at Vatnahalsen. Vatnahalsen Hotel, also known as the Nordic "St. Moritz", is situated here.

The journey continues through snow-shelter tunnels. An opening in the landscape affords a last glimpse of the Flåm Valley before you arrive at the final stop on the Flåm Railway - Myrdal station.